

Lower paycheck contributions per pay period in 2025

Traditional Medical Plan

PLAN TYPE	CURRENT RATES	NEW 2025 RATES
Employee Only	\$25.66	\$23.27
Employee + Spouse	\$51.32	\$46.53
Employee + Child(ren)	\$51.32	\$46.53
Employee + Spouse + Child(ren)	\$76.98	\$69.80

Selections (Washington)

PLAN TYPE	CURRENT RATES	NEW 2025 RATES
Employee Only	\$44.91	\$40.72
Employee + Spouse	\$89.82	\$81.44
Employee + Child(ren)	\$89.82	\$81.44
Employee + Spouse + Child(ren)	\$134.73	\$122.16

Selections Plus (Oregon)

PLAN TYPE	CURRENT RATES	NEW 2025 RATES
Employee Only	\$44.91	\$40.72
Employee + Spouse	\$89.82	\$81.44
Employee + Child(ren)	\$89.82	\$81.44
Employee + Spouse + Child(ren)	\$134.73	\$122.16

Kaiser (Washington)

PLAN TYPE	CURRENT RATES	NEW 2025 RATES
Employee Only	\$44.91	\$40.72
Employee + Spouse	\$89.82	\$81.44
Employee + Child(ren)	\$89.82	\$81.44
Employee + Spouse + Child(ren)	\$134.73	\$122.16

Kaiser (Oregon & California)

PLAN TYPE	CURRENT RATES	NEW 2025 RATES
Employee Only	\$25.66	\$23.27
Employee + Spouse	\$51.32	\$46.53
Employee + Child(ren)	\$51.32	\$46.53
Employee + Spouse + Child(ren)	\$76.98	\$69.80

